



**Penrith Women's
Health Centre**

Established 1987



Designed to equip women with the foundational skills and confidence to work with timber. This empowering program is more than just cabinetry; it's about building resilience, connection, & capability, one project at a time

TIMBER & TENACITY

Across these sessions, we'll explore:

- Learn the fundamentals of woodworking through guided, hands-on activities
- Gain practical experience using hand & power tools safely & effectively
- Develop personal projects in a supportive, women-led environment
- Build confidence & independence through skill mastery

Each participant will walk away with their own personal toolkit - a lasting resource to continue their journey in woodwork and DIY at home



**WOODCHIX
FOUNDATION**

**Fortnightly
WEDNESDAYS
10AM - 1PM**

COST: \$10 PER SESSION

PLEASE BOOK VIA:

(02) 4721 8749

www.pwhc.org.au