



Baby Massage CLASSES

LIMITED NUMBERS!



Join us at Penrith Women's Health Centre, Thursdays at 11am from June 6th, to help build connection & support a healthy bond with your baby.



What to EXPECT

60min classes weekly for babies 0-2years.

A take home baby massage pack at your first class.

Printed handout to use as a guide to continue your practice at home.

A group of other mums & bubs to connect with.

The health benefits of massage for your baby.

A more gentle & loving connection between you & Bub.

**PLEASE BOOK IN ADVANCE BY CALLING
PENRITH WOMEN'S HEALTH CENTRE ON
02 4721 8749**