



# Baby Massage CLASSES

**BUILD CONNECTION &  
SUPPORT A HEALTHY  
BOND WITH YOUR BABY**



**Join us at Community Junction Werrington  
Wednesday 19<sup>th</sup> August 2026  
9:30am - 10:30am**



## What to EXPECT

60 minute class for babies 0-2years.

A take home baby massage pack at your first class.

Printed handout to use as a guide to continue your practice at home.

A group of other mums & bubs to connect with.

The health benefits of massage for your baby.

A more gentle & loving connection between you & Bub.

**PLEASE BOOK BY CALLING  
02 4721 8749**