



Penrith Women's
Health Centre
Established 1987

ZUMBA

GOLD



FIND COMMUNITY THROUGH MOVEMENT - A JUDGMENT-FREE LATIN DANCE INSPIRED FITNESS CLASS CELEBRATING EVERY WOMAN'S INNER POWER.

MONDAYS

FROM: 29TH JANUARY -
25TH MARCH 2024

START TIME: 11 AM

COST

\$10 PER SESSION **OR**
\$80 FOR A 9 WEEK TERM

LOCATION

THORNTON COMMUNITY
CENTRE
61 LORD SHEFFIELD CCT,
PENRITH



Facilitator: Susie, Zumba Gold Instructor

CALL TO BOOK YOUR SPOT
(02) 4721 8749