

Zumba Gold

Lower impact, easy to follow, Latin inspired dance fitness classes for women.

Get fit, have fun and meet new friends all at once.

MONDAYS

(during school term)

From Monday 17th July 2023

Class 1: 10am Start

Class 2: 11am Start

Where

Thornton Community Centre
61 Lord Sheffield Cct, Penrith, NSW

Cost

\$10 per session

or

\$90 for a 9-week term

Facilitator

Susie, Zumba Gold Instructor



Bookings are essential as numbers are limited.
Please contact PWHC reception.

(02) 4721 8749

hello@pwhc.org.au